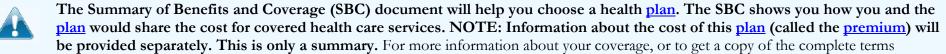
Hudson Valley Credit Union – Anthem EPO Copay Deductible (Value Plan)



of coverage, <u>https://eoc.anthem.com/eocdps/</u>. For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms, see the Glossary. You can view the Glossary at <u>www.healthcare.gov/sbc-glossary/</u> or call (844) 241-7085 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall <u>deductible</u> ?	<b>\$2,000</b> /person or <b>\$4,000</b> /family for In- <u>Network Providers</u> .	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your <u>deductible?</u>	Yes. <u>Preventive care</u> , Primary Care visit, and <u>Specialist</u> visit for In- <u>Network Providers</u> .	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive</u> <u>services</u> without <u>cost-sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at <u>https://www.healthcare.gov/coverage/preventive-care-benefits/</u> .
Are there other <u>deductibles</u> for specific services?	No.	You don't have to meet <u>deductibles</u> for specific services.
What is the <u>out-of-</u> <u>pocket limit</u> for this <u>plan</u> ?	\$5,000/person or \$10,000/family for In- <u>Network</u> <u>Providers</u> .	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the <u>out-of-pocket</u> <u>limit</u> ?	Premiums, balance-billing charges, and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the out-of-pocket limit.
Will you pay less if you use a <u>network</u> <u>provider</u> ?	Yes, PPO/EPO. See http://www.anthem.com or call (844) 241-7085 for a list of network providers. Costs may vary by site of service and how the provider bills.	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's</u> <u>network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays ( <u>balance billing</u> ). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the <u>specialist</u> you choose without a <u>referral</u> .



		What You			
Common Medical Event	Services You May Need	In Network Provider (You will pay the least)	Non Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information	
If you visit a health care <u>provider's</u> office or clinic	Primary care visit to treat an injury or illness	\$35/visit <u>deductible</u> does not apply	Not covered	Virtual visits (Telehealth) benefits available.	
	<u>Specialist</u> visit	\$50/visit <u>deductible</u> does not apply	Not covered	Virtual visits (Telehealth) benefits available.	
	Preventive care/screening/ immunization	No charge	Not covered	You may have to pay for services that aren't preventive. Ask your provider if the services needed are preventive. Then check what your <u>plan</u> will pay for.	
	Diagnostic test (x-ray, blood work)	20% coinsurance	Not covered	none	
If you have a test	Imaging (CT/PET scans, MRIs)	\$250/visit <u>deductible</u> does not apply	Not covered	none	
If you need drugs to treat your illness or condition More information about <u>prescription</u> <u>drug coverage</u> is available at <u>www.express- scripts.com</u> .	Tier 1 - Typically Generic	Not covered	Not covered (retail and home delivery)	Prescription drug coverage is provided and administered by Express Scripts, a separate company, which is not in any way affiliated with Anthem	
	Tier 2 - Typically Preferred Brand & Non-Preferred Generic Drugs	Not covered	Not covered (retail and home delivery)		
	Tier 3 - Typically Non-Preferred Brand and Generic drugs	Not covered	Not covered (retail and home delivery)	BlueCross BlueShield.	
If you have outpatient	Facility fee (e.g., ambulatory surgery center)	20% coinsurance	Not covered	none	
surgery	Physician/surgeon fees	20% coinsurance	Not covered	none	
	Emergency room care	\$350/visit <u>deductible</u> does not apply	Covered as In- <u>Network</u>	Cost share except <u>deductible</u> waived if admitted.	
If you need immediate medical attention	Emergency medical transportation	20% coinsurance	Covered as In- <u>Network</u>	none	
	<u>Urgent care</u>	\$50/visit <u>deductible</u> does not apply	Covered as In- <u>Network</u>	none	

Common		What You	Limitations Exceptions 8		
Medical Event	Services You May Need	In Network Provider (You will pay the least)	Non Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information	
If you have a hospital stay	Facility fee (e.g., hospital room)	20% coinsurance	Not covered	Precertification is required. 60 days/benefit period for Inpatient rehabilitation for In- <u>Network Providers</u> .	
	Physician/surgeon fees	20% <u>coinsurance</u>	Not covered	none	
If you need mental health, behavioral health, or substance abuse services	Outpatient services	Office Visit \$35/visit <u>deductible</u> does not apply Other Outpatient 20% <u>coinsurance</u>	Office Visit 20% coinsurance deductible does not apply Other Outpatient Not Covered	Office Visit Virtual visits (Telehealth) benefits available. Other Outpatient none	
	Inpatient services	20% coinsurance	Not covered	Precertification is required.	
	Office visits	20% coinsurance	Not covered		
If you are pregnant	Childbirth/delivery professional services	20% coinsurance	Not covered	Maternity care may include tests and services described elsewhere in the SBC (i.e. ultrasound).	
	Childbirth/delivery facility services	20% coinsurance	Not covered		
If you need help recovering or have other special health needs	Home health care	20% <u>coinsurance</u> <u>deductible</u> does not apply	Not covered	100 visits/benefit period for Home Health for In- <u>Network</u> <u>Providers</u> .	
	Rehabilitation services	\$35/visit <u>deductible</u> does not apply	Not covered	*See Therapy Services section.	
	Habilitation services	\$35/visit <u>deductible</u> does not apply	Not covered	See Therapy Services section.	
	Skilled nursing care	20% coinsurance	Not covered	60 days/benefit period for skilled nursing services for In- <u>Network</u> <u>Providers</u> .	
	Durable medical equipment	20% coinsurance	Not covered	*See <u>Durable Medical</u> <u>Equipment</u> Section	
	Hospice services	20% coinsurance	Not covered	none	
If your child	Children's eye exam	Not covered	Not covered	none	
needs dental or	Children's glasses	Not covered	Not covered	none	
eye care	Children's dental check-up	Not covered	Not covered	none	

**Excluded Services & Other Covered Services:** 

vices Your <u>Plan</u> Generally Does NOT Cover (Check your policy or <u>plan</u> document for more information and a list of any other <u>cluded services</u> .)			
Cosmetic surgery	• Dental care (Adult)	• Dental care (Pediatric)	
Dental Check-up	• Eye exams for a child	• Glasses for a child	
Hearing aids	• Routine eye care (Adult)	• Non-emergency care when traveling	
Weight loss programs	• Long-term care	outside the U.S.	
Prescription Drugs	Private-duty nursing	Routine foot care	

Other Covered Services (Limitations may apply to these services	s. This isn't a complete list. Please see your <u>plan</u> document.)

- Acupuncture 20 visits/benefit period
- Bariatric surgery

• Chiropractic care

• Coverage of certain infertility expenses through Carrot up to \$45,000; for more information please refer to the Carrot Infertility HRA SPD

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: New York State Department of Financial Services, One State Street, New York, NY 10004-1511, (800) 342-3736, (212) 480-6400, (518) 474-6600, Department of Labor, Employee Benefits Security Administration, (866) 444-EBSA (3272), <u>www.dol.gov/ebsa/healthreform</u>, or contact Anthem at the number on the back of your ID card. Other coverage options may be available to you, too, including buying individual insurance coverage through the <u>Health</u> Insurance Marketplace. For more information about the <u>Marketplace</u>, visit <u>www.HealthCare.gov</u> or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information on how to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact:

ATTN: Grievances and Appeals, Mail Drop R/6-O, P.O. Box 11825, Albany, NY 12211

Department of Labor, Employee Benefits Security Administration, (866) 444-EBSA (3272), www.dol.gov/ebsa/healthreform

New York State Department of Financial Services, One State Street, New York, NY 10004-1511, (800) 342-3736, (212) 480-6400, (518) 474-6600

Community Service Society of New York, Community Health Advocates, 105 East 22nd Street, 8th floor, New York, NY 10010, (888) 614-5400, www.communityhealthadvocates.org, cha@cssny.org

### Does this plan provide Minimum Essential Coverage? Yes

Minimum Essential Coverage generally includes <u>plans</u>, <u>health insurance</u> available through the <u>Marketplace</u> or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of <u>Minimum Essential Coverage</u>, you may not be eligible for the <u>premium tax credit</u>.

#### Does this plan meet the Minimum Value Standards? Yes

If your <u>plan</u> doesn't meet the <u>Minimum Value Standards</u>, you may be eligible for a <u>premium tax credit</u> to help you pay for a <u>plan</u> through the <u>Marketplace</u>.

To see examples of how this <u>plan</u> might cover costs for a sample medical situation, see the next section.

#### About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost</u> <u>sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

<b>Peg is Having a Baby</b> (9 months of in network pre natal care and a hospital delivery)		Managing Joe's Type 2 Diabetes (a year of routine in network care of a well controlled condition)		<b>Mia's Simple Fracture</b> (in network emergency room visit and follow up care)	
<ul> <li>The plan's overall <u>deductible</u> \$2,000</li> <li><u>Specialist copayment</u> \$50</li> <li>Hospital (facility) <u>coinsurance</u> 20%</li> <li>Other <u>coinsurance</u> 20%</li> <li>Other <u>coinsurance</u> 20%</li> <li>This EXAMPLE event includes services like:</li> <li><u>Specialist</u> office visits (<i>prenatal care</i>)</li> <li>Childbirth/Delivery Professional Services</li> <li>Childbirth/Delivery Facility Services</li> <li><u>Diagnostic tests</u> (<i>ultrasounds and blood work</i>)</li> <li><u>Specialist</u> visit (<i>anesthesia</i>)</li> </ul>		<ul> <li>The plan's overall deductible \$2,000</li> <li>Specialist copayment \$50</li> <li>Hospital (facility) coinsurance 20%</li> <li>Other coinsurance 20%</li> <li>Other coinsurance 20%</li> <li>This EXAMPLE event includes services like:</li> <li>Primary care physician office visits (including disease education)</li> <li>Diagnostic tests (blood work)</li> <li>Prescription drugs</li> <li>Durable medical equipment (glucose meter)</li> </ul>		<ul> <li>The plan's overall deductible \$2,000</li> <li>Specialist copayment \$50</li> <li>Hospital (facility) coinsurance 20%</li> <li>Other coinsurance 20%</li> <li>This EXAMPLE event includes services like:</li> <li>Emergency room care (including medical supplies) Diagnostic test (x-ray) Durable medical equipment (crutches) Rehabilitation services (physical therapy)</li> </ul>	
Total Example Cost	\$12,700	Total Example Cost	\$5,600	Total Example Cost	\$2,800
In this example, Peg would pay: <u>Cost Sharing</u>		In this example, Joe would pay: Cost Sharing		In this example, Mia would pay: <u>Cost Sharing</u>	
Deductibles	\$2,000	Deductibles	\$100	Deductibles	\$1,300
<u>Copayments</u>	\$0	<u>Copayments</u>	\$400	<u>Copayments</u>	\$600
Coinsurance	\$2,100	Coinsurance	\$0	<u>Coinsurance</u>	<b>\$</b> 0
What isn't covered		What isn't covered		What isn't covered	
Limits or exclusions	\$70	Limits or exclusions	\$4,300	Limits or exclusions	\$10
The total Peg would pay is	\$4,170	The total Joe would pay is	\$4,800	The total Mia would pay is	\$1,910

The <u>plan</u> would be responsible for the other costs of these EXAMPLE covered services.

### (TTY/TDD: 711)

Albanian (Shqip): Nëse keni pyetje në lidhje me këtë dokument, keni të drejtë të merrni falas ndihmë dhe informacion në gjuhën tuaj. Për të kontaktuar me një përkthyes, telefononi (844) 241-7085

**Amharic (አጣርኛ)**: ስለዚህ ሰነድ ማንኛውም ጥያቄ ካለዎት በራስዎ ቋንቋ እርዳታ እና ይህን መረጃ በነጻ የማማኘት መብት አለዎት። አስተርዓሚ ለማና**7**ር (844) 241-7085 ይደውሉ።

Arabic (العربية): إذا كان لديك أي استفسارات بشأن هذا المستند، فيحق لك الحصول على المساعدة والمعلومات بلغتك دون مقابل. للتحدث إلى مترجم، اتصل على 7085-241 (844).

Armenian (իայերեն). Եթե այս փաստաթղթի հետ կապված հարցեր ունեք, դուք իրավունք ունեք անվձար ստանալ օգնություն և տեղեկատվություն ձեր լեզվով։ Թարգմանչի հետ խոսելու համար զանգահարեք հետևյալ հեռախոսահամարով՝ (844) 241-7085։

Bassa (Băsôð Wùdù): Ѝ dyi dyi-diè-dè bě bédé bá céè-dè nìà kɛ dyí ní, ɔ mò nì dyí-bèdèìn-dè bɛ́ m̀ ké gbo-kpá-kpá kè bỗ kpõ dé m̀ bídí-wùdùǔn bó pídyi. Ɓɛ́ m̀ ké wudu-zììn-nyò dò gbo wùdù kɛ, dá (844) 241-7085.

Bengali (বাংলা): যদি এই নথিপত্রের বিষয়ে আপনার কোনো প্রশ্ন থাকে, তাহলে আপনার ভাষায় বিনামূল্য সাহায্য পাওয়ার ও তথ্য পাওয়ার অধিকার আপনার আছে। একজন দোভাষীর সাথে কথা ব্লার জন্য (844) 241-7085 –তে কল করুন।

Burmese **(မြန်မာ):** ဤစာရွက်စာတမ်းနှင့် ပတ်သက်၍ သင့်တွင် မေးမြန်းလိုသည်များရှိပါက အချက်အလက်များနှင့် အကူအညီကို အခကြေးငွေ ပေးစရာမလိုပဲ သင့်ဘာသာစကားဖြင့် ရယူနိုင်ခွင့် သင့်တွင် ရှိပါသည်။ စကားပြန် တစ်ဦးနှင့် စကားပြောနိုင်ရန် ဖု (844) 241-7085 သို့ ခေါ် ဆိုပါ။

Chinese (中文):如果您對本文件有任何疑問,您有權使用您的語言免費獲得協助和資訊。如需與譯員通話,請致電(844) 241-7085。

Dinka (Dinka): Na non thiëëc në ke de ya thorë, ke yin non lon bë yi kuony ku wër alëu bë gëër yic yin ne thon du ke cin wëu taauë ke piny. Te kor yin ba jam wënë ran ye thok geryic, ke yin col (844) 241-7085.

**Dutch (Nederlands):** Bij vragen over dit document hebt u recht op hulp en informatie in uw taal zonder bijkomende kosten. Als u een tolk wilt spreken, belt u (844) 241-7085.

Farsi (فارسي): در صورتی که سؤالی پیرامون این سند دارید، این حق را دارید که اطلاعات و کمک را بدون هیچ هزینهای به زبان مادریتان دریافت کنید. برای گفتگو با یک مترجم شفاهی، با شماره (843-241 (844) تماس بگیرید.

French (Français) : Si vous avez des questions sur ce document, vous avez la possibilité d'accéder gratuitement à ces informations et à une aide dans votre langue. Pour parler à un interprète, appelez le (844) 241-7085.

German (Deutsch): Wenn Sie Fragen zu diesem Dokument haben, haben Sie Anspruch auf kostenfreie Hilfe und Information in Ihrer Sprache. Um mit einem Dolmetscher zu sprechen, bitte wählen Sie (844) 241-7085.

Greek (Ελληνικά) Αν έχετε τυχόν απορίες σχετικά με το παρόν έγγραφο, έχετε το δικαίωμα να λάβετε βοήθεια και πληροφορίες στη γλώσσα σας δωρεάν. Για να μιλήσετε με κάποιον διερμηνέα, τηλεφωνήστε στο (844) 241-7085.

Gujarati (**ગુજરાતી)**: જો આ દસ્તાવેજ અંગે આપને કોઈપણ પ્ર**રૂ**ો હોય તો, કોઈપણ ખય**રુ** વગર આપની ભાષામાં મદદ અને માિહતી મેળવવાનો તમને અિધકાર છે. દુભાિષયા સાથે વાત કરવા માટે, કોલ કરો (844) 241-7085.

Haitian Creole (Kreyòl Ayisyen): Si ou gen nenpòt kesyon sou dokiman sa a, ou gen dwa pou jwenn èd ak enfòmasyon nan lang ou gratis. Pou pale ak yon entèprèt, rele (844) 241-7085.

Hindi (हिंदी): अगर आपके पास इस दस्तावेज़ के बारे में कोई प्रश्न हैं, तो आपको निःशुल्क अपनी भाषा में मदद और जानकारी प्राप्त करने का अधिकार है। दुभाषिये से बात करने के लिए, कॉल करें(844) 241-7085 ।

Hmong (White Hmong): Yog tias koj muaj lus nug dab tsi ntsig txog daim ntawv no, koj muaj cai tau txais kev pab thiab lus qhia hais ua koj hom lus yam tsim xam tus nqi. Txhawm rau tham nrog tus neeg txhais lus, hu xov tooj rau (844) 241-7085.

Igbo (Igbo): O bụr ụ na i nwere ajujụ o bụla gbasara akwukwo a, i nwere ikike inweta enyemaka na ozi n'asụsụ gi na akwughi ụgwo o bụla. Ka gi na okowa okwu kwuo okwu, kpoo (844) 241-7085.

**Ilokano (Ilokano):** Nu addaan ka iti aniaman a saludsod panggep iti daytoy a dokumento, adda karbengam a makaala ti tulong ken impormasyon babaen ti lenguahem nga awan ti bayad na. Tapno makatungtong ti maysa nga tagipatarus, awagan ti (844) 241-7085.

**Indonesian (Bahasa Indonesia):** Jika Anda memiliki pertanyaan mengenai dokumen ini, Anda memiliki hak untuk mendapatkan bantuan dan informasi dalam bahasa Anda tanpa biaya. Untuk berbicara dengan interpreter kami, hubungi (844) 241-7085.

Italian (Italiano): In caso di eventuali domande sul presente documento, ha il diritto di ricevere assistenza e informazioni nella sua lingua senza alcun costo aggiuntivo. Per parlare con un interprete, chiami il numero (844) 241-7085

Japanese (日本語): この文書についてなにかご不明な点があれば、あなたにはあなたの言語で無料で支援を受け情報を得る権利があります。通訳と話すには (844) 241-7085 にお電話ください。

### Page 8 of 11

# Khmer (ខ្មែរ)៖ បើអ្នកមានសំណួរផ្សេងទៀតអំពីឯកសារនេះ អ្នកមានសិទ្ធិទទួលជំនួយនិងព័ត៌មានជាភាសារបស់អ្នកដោយឥតគិតថ្លៃ។ នើម្បីជជែកជាមួយអ្នកបកប្រែ សូមហៅ(844) 241-7085 ។

Kirundi (Kirundi): Ugize ikibazo ico arico cose kuri iyi nyandiko, ufise uburenganzira bwo kuronka ubufasha mu rurimi rwawe ata giciro. Kugira uvugishe umusemuzi, akura (844) 241-7085.

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(Yiddish) אידיש): אויב איר האט שאלות וועגן דעם דאקומענט, האט איר די רעכט צו באקומען דעם אינפארמאציע אין אייער שפראך אהן קיין פרייז. צו רעדן צו (Yiddish) אן איבערזעצער, רופט 241-7085 (844) .

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