



Examples of Expenses Eligible for Reimbursement Through Your Flexible Spending Accounts

Medical

- Acupuncture
- Alcoholism Treatment
- Ambulance
- Artificial Limbs
- Birth Control Pills
- Braille - Books and Magazines
- Car Controls for the Handicapped
- Chiropractors
- Co-Payments and Deductibles
- Contact Lenses
- Crutches, Canes, Braces and Walkers
- Dental Fees
- Dentures
- Dermatologists
- Diagnostic Fees
- Donor Testing and Fees
- Eye Exams & Eye Glasses
- Fees for Practical Nurse
- Hearing Devices and Batteries
- Home Improvements Necessitated by Medical Conditions (i.e., Wheelchair Ramp)
- Hospital Fees
- Laboratory Fees
- Nurse's Fees
- Obstetrical Expenses
- Orthotics
- Orthodontics
- Oxygen
- Physician's Fees
- Prescription Medicines
- Psychiatric Care
- Psychologist's Fees
- Physical Therapy
- Service Animal and its Upkeep
- Special Education for the Handicapped
- Special Plumbing for the Handicapped
- Sterilization Fees
- TTY Telephone for the Deaf
- Television Equipment (Closed Caption) for the Deaf
- Therapeutic Care for Drug and Alcohol Addiction
- Transportation Expenses for Medical Treatment
- Wigs (When deemed medically necessary)
- X-rays

Feminine care products are now FSA eligible!

Over-the-Counter Items

- Band Aids
- Birth Control
- Braces & Supports
- Catheters
- Cholesterol Test Kits
- Colorectal Cancer Screening Tests
- Contact Lens Solutions
- Denture Adhesives
- Diagnostic Tests and Monitors
- Elastic Bandages & Wraps
- Home Drug Tests
- Incontinence Supplies
- Insulin & Diabetic Supplies
- Ostomy Products
- Reading Glasses
- Wheelchairs, Walkers & Canes

NEW! Retroactive to 1/1/2020.

Congress has officially passed the CARES Act, which means two revolutionary changes for those with a Flexible Spending Account (FSA). Over-the-counter (OTC) medications are now FSA-eligible. OTC medications like Tylenol®, Zyrtec®, and more will now be available for purchase with an FSA without a prescription.

- Acid Controllers
- Antibiotics
- Anti-Gas Products
- Anti-Parasitic Treatments
- Cold Sore Remedies
- Digestive Aids
- Hemorrhoidal Preps
- Motion Sickness
- Respiratory Treatments
- Stomach Remedies
- Allergy & Sinus medicine
- Anti-Diarrheals
- Anti-Itch & Insect Bite
- Baby Rash Ointments/Creams
- Cough, Cold & Flu
- Feminine Anti-Fungal/Anti-Itch
- Laxatives
- Pain Relievers
- Sleep Aids & Sedatives



Thousands of FSA eligible products
that you can buy
with your FSA debit card

[CLICK HERE](#)



AMERICAN BENEFITS GROUP

Dependent Care Plan



Who Can I Use This Account For?

Dependents that live with you while you are at work. While this most commonly means child care for dependent children up to age 13, it can also be used for adult day care for senior citizen dependents that live with you, such as parents.

Eligible Dependent Care Expenses

- Care for Children Under Age 13
- Care of a Disabled Dependent
- Daycare
- Summer Day Camp
- Pre-School
- After School Programs

*The Following Dependent Care Expenses are **Not** Eligible for Reimbursement*

- Over Night Camps
- Educational Expenses for Kindergarten and above
- Amounts Paid to Your Dependent for Childcare

