



Hudson Valley Credit Union Benefits Carrier Contacts

CONTACT	GROUP NUMBER	CONTACT	WEBSITE
Carrot Family Planning		support@get-carrot.com	www.get-carrot.com
Delta Dental (Gold)	2348-0008	1-800-932-0783	Deltadentalins.com
Delta Dental (Silver)	2348-0002	1-800-932-0783	Deltadentalins.com
Delta Dental (Bronze)	2348-0006	1-800-932-0783	Deltadentalins.com
Delta Dental (PT)	2348-0004	1-800-932-0783	Deltadentalins.com
Empire BCBS Pre-65 Premium PPO	723015015M	1-844-235-4455	Empireblue.com
Empire BCBS Pre-65 Value PPO	723015014M	1-844-235-4455	Empireblue.com
Empire BCBS Pre-65 PPO HD2800 with HRA	723015019M	1-844-235-4455	Empireblue.com
Empire BCBS Pre-65 PPO HD5000 with HSA	723015021M	1-844-235-4455	Empireblue.com
Empire Blue View Vision	723015015M	1-844-235-4455	Empireblue.com
Empire – MediBlue Post 65	NYEGR001	1-866-723-0515	Empireblue.com
Employee Assistance Program	146	1-800-252-4555	Theeap.com
Express Scripts Prescription Premium Plan Pre-65	HVFCU7802	1-800-282-2881	Express-scripts.com
Express Scripts Prescription Value Plan Pre-65	HVFCU8802	1-800-282-2881	Express-scripts.com
Express Scripts Prescription PPO HD2800 with HRA Pre-65	HVCU901	1-800-282-2881	Express-scripts.com
Express Scripts Prescription PPO HD5000 with HSA Pre-65	HVCU5000P65	1-800-282-2881	Express-scripts.com
HVCU Financial Services		1-845-463-3366	
MetLife			
<ul style="list-style-type: none"> • Accident Care • Critical Illness • Hospital Indemnity 	5397129	1-800-438-6388	www.metlife.com
Pentegra (Pension)	20359	1-914-694-1300	n/a
Principal 401(k)	705786	1-800-547-7754	Principal.com
Principal 457(b)	532804	1-800-547-7754	Principal.com

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REV. 1.3.2024

